Leader: 1 O God Thou hast cast us off, Thou hast broken us down;

Thou hast been angry; oh restore us again.

Response: **2 Thou hast made the land to tremble; Thou hast rent it:**

**Heal the breaches thereof; for it shaketh.**

Leader: 3 Thou hast showed Thy people hard things:

Thou hast made us to drink the wine of staggering.

Response: **4 Thou hast given a banner to them that fear Thee,**

**That it may be displayed because of the truth.**

Leader: 5 That Thy beloved may be delivered,

Save with Thy right hand, and answer us.

Response: **6 God hath spoken in His holiness: I will exult;**

**I will divide Shechem, and mete out the valley of Succoth.**

Leader: 7 Gilead is Mine, and Manasseh is Mine;

Ephraim also is the defence of My head;

Judah is My sceptre.

Response: **8 Moab is My washpot;**

**Upon Edom will I cast My shoe:**

**Philistia, shout thou because of Me.**

Leader: 9 Who will bring me into the strong city?

Who hath led me unto Edom?

Response: **10 Hast not Thou, O God, cast us off?**

**And Thou goest not forth, O God, with our hosts.**

Leader: 11 Give us help against the adversary;

For vain is the help of man.

Response: **12 Through God we shall do valiantly;**

**For He it is that will tread down our adversaries.**