Leader: 1 Blessed be the Lord my strength which teacheth my hands to war, and my fingers to fight:

Answer: **2 My Goodness, and my Fortress; my High Tower, and my Deliverer; my Shield, and He in whom I trust; who subdueth my people under me.**

Leader: 3 Lord, what is man, that Thou takest knowledge of him! or the son of man, that Thou makest account of him!

Answer: **4 Man is like to vanity: his days are as a shadow that passeth away.**

Leader: 5 Bow Thy heavens, O Lord, and come down: touch the mountains, and they shall smoke.

Answer: **6 Cast forth lightning, and scatter them: shoot out Thine arrows, and destroy them.**

Leader: 7 Send Thine hand from above; rid me, and deliver me out of great waters, from the hand of strange children;

Answer: **8 Whose mouth speaketh vanity, and their right hand is a right hand of falsehood.**

Leader: 9 I will sing a new song unto Thee, O God: upon a psaltery and an instrument of ten strings will I sing praises unto Thee.

Answer: **10 It is He that giveth salvation unto kings: who delivereth David His servant from the hurtful sword.**

Leader: 11 Rid me, and deliver me from the hand of strange children, whose mouth speaketh vanity, and their right hand is a right hand of falsehood:

Answer: **12 That our sons may be as plants grown up in their youth; that our daughters may be as corner stones, polished after the similitude of a palace:**

Leader: 13 That our garners may be full, affording all manner of store: that our sheep may bring forth thousands and ten thousands in our streets:

Answer: **14 That our oxen may be strong to labour; that there be no breaking in, nor going out; that there be no complaining in our streets. 15 Happy is that people, that is in such a case: yea, happy is that people, whose God is the Lord.**